

# TIGER WRESTLING CAMP



FORT HAYS STATE UNIVERSITY



CHAS THOMPSON PRESENTS THE

# 2017

## TIGER WRESTLING TRAINING CAMP

June 18 - June 21

For Boys Entering 2nd thru 12th Grades



### CHAS THOMPSON'S TIGER WRESTLING CAMP

Gross Memorial Coliseum  
Fort Hays State University  
600 Park Street  
Hays, KS 67601-4099

**Fort Hays State University Wrestling Camp Application**  
Please enclose deposit of \$50 with application. Deposit is refundable if cancellation is received 14 days prior to camp session. Balance due upon arrival at camp.

— **Please Complete All Information** —

Applicant's Name \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ School \_\_\_\_\_ Grade, Sept. '16 \_\_\_\_\_

Name of Coach \_\_\_\_\_ Your Height \_\_\_\_\_ Weight \_\_\_\_\_

Adult T-shirt size: (circle)    YS    YM    S    M    L    XL    XXL    Rates    Resident Camp    \$260.00

Parent's Signature \_\_\_\_\_    After June 14    \$275.00

Roommate Preference \_\_\_\_\_    Commuter Camp    \$180.00

\_\_\_\_\_    After June 14    \$200.00

Other Friends Interested in Camp: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

(Please put their address also) \_\_\_\_\_

For additional information, write Chas Thompson, Gross Memorial Coliseum, Fort Hays State University, Hays, KS 67601-4099 or call (785) 628-5392 (Office) or (620) 388-3585 (Cell).

## Camp Director — Chas Thompson

Chas Thompson is a Kansas native hailing from Parsons, Kansas, and is the son of Hall of Fame Coach Jody Thompson. Being born into the sport of wrestling, Coach Thompson understands the time and commitment it takes to succeed into this sport. He strives to provide young wrestlers with the information and skills needed to succeed at their level. He effectively provides instruction and the proper atmosphere to guide a young person in his development as a wrestler — physically, mentally, and spiritually. The philosophy of our camps is to improve wrestler's skills through emphasis on the fundamentals that are basic to every wrestler at any level. Mastering these techniques we teach you and correcting these techniques to perfection are vital to you in the off season. Good wrestlers are made — not born!

*Chas Thompson's Tiger Camp* will instruct you in a fundamental program with emphasis on you as an individual in a team sport. Our staff will also help wrestlers improve their attitude, their match instincts, and the concepts of sportsmanship and discipline. We will strive to instill in you the desire to be a top wrestler and the drive to do your best. You will be motivated to perform at a level of intensity and concentration that will enable you to be a better wrestler.

We feel you will get great satisfaction as you improve and have fun through drills, contests, hard work, and matches, and you will leave camp a better wrestler than when you came. We look forward to working with you at our annual wrestling camps this summer.

## Camp Information Fees

The fee for the overnight camper is \$260. The fee for the day camper (commuter) is \$180. A deposit of \$50 should accompany all applications. The deposit is refundable if you are unable to attend. However, cancellation must be 10 days prior to camp session. The fee includes room, board, instructional costs, awards, and a camp T-shirt.

\*Registration Fees **before** June 14 - \$260/\$180 (c)

\*Registration Fees **after** June 14 - \$275/\$200 (c)

\*8 or more wrestlers from the same team or club will receive a \$30 discount per camper.

## Enrollment Procedures

Complete the application form printed on front side and return it to the address on this brochure. Enclose either a deposit of \$50 or the total amount of the camp fee. If you send a deposit, be sure to indicate if you will be staying with us at McMIndes Hall\* (resident camper) or if you will be commuting daily (commuter camper).

*\*Dorms are subject to change due to construction.*

## Confirmation and Handbook

After deposits are received each enrolled camper will be sent a confirmation letter and camp handbook which will prepare him for camp. The handbook contains camp objectives, rules, instructions for parents, and daily schedule.

## Registration

Report to McMIndes Hall\* between 4 and 5 p.m. Sunday afternoon, June 18, of the camp week for registration. You will need the balance of your camp fee and also your complete physical examination form. **THIS IS A MUST! You may attach a copy of a physical if done within the last calendar year.** Check out will be at 4:15 p.m. Wednesday, June 21. Parents may pick you up at the dorm by 4:15 p.m, with camp conclusion at 5 p.m.

## Camp Features

- Use of spacious Gross Memorial Coliseum, Wrestling Room, and Cunningham Hall Gym.
- Individual instruction and drills
- Competitive wrestling, supervised games
- Full use of FHSU athletic facilities
- Individual awards
- Takedown Tournament
- Each camper receives a certificate of participation
- 24 hours of adult supervision
- Camp T-shirt
- Tiger wrestling shorts will be on sale

## What to Bring

T-shirts, shorts or singlets, wrestling shoes, socks, supporters, laundry bag, toilet articles, pillows, blankets, and sheets.

## Facilities and Housing

- Gross Memorial Coliseum Wrestling Room and one Cunningham Hall Gym
- Olympic size pool
- Strength training facility
- Quality cafeteria services
- Air conditioned McMIndes Hall\*

## Departure

Departure time will be 4:15 p.m. on Wednesday, June 21, following the Takedown Tournament. Parents are invited to attend. It will be held in the Gross Memorial Coliseum.



## Parental Information

*To the parents:*

I would like to take this opportunity to invite your son to one of the best camps the Midwest has to offer. We take pride in providing your son the opportunity to participate in a fun-filled week, while at the same time providing him with the basic skills to succeed at his level.

Our coaching staff will consist of Tommy Edgmon (Newton H.S.), Jacob Beck (Leavenworth H.S.), Mike Bammes (Barton Community College), and Noah Killip (FHSU graduate assistant). FHSU's standout National Qualifiers Brandon Ball, Greg Tooley, and Christian Lance and several other members of the FHSU Wrestling team will also be on staff as instructors.

Our wrestler-instructor ratio has been about 7-to-1. This coach-to-athlete ratio insures greater individual attention to every wrestler. Campers are grouped according to their age and ability. Hope to see you and your son in June.

## What will be Covered:

- Fundamental Wrestling Skills
- 7 Basic Skills
- Offensive Takedowns
- Defensive Takedowns
- Takedown Setups and Finishes
- Riding
- Pinning Combinations
- Total Leg Wrestling
- Total Bottom Wrestling
- Wrestling on the Edge of the Mat
- Training Regiment
- Scramble Situations
- Mental Aspects of Wrestling

I am more than confident that your son will improve on his wrestling skill set while having a fun-filled week during our camp. He will have the opportunity to meet new people and make life-long friends. What a learning experience it will be!

Chas Thompson  
FHSU Head Wrestling Coach & Camp Director